Useful Hints

Woman and Home

Ethical Talks

Market Well Supplied First Grapefruit of Season Comes From West Indies.

"The Richmond market is entirely too well supplied with good things to eat. One gets dizzy when selecting a oat. One gets dizzy when selecting a Sunday dinner—or any other kind, as for that matter—and the temptation is strong to overbuy." Thus spoke a woman yesterday when she was going through the market making purchases for both Saturday and Sunday dinners, and she spoke the truth. Everything that is seasonable is plentiful, in both the uptown and downtown markets, with nossibly two or three exceptions. with possibly two or three exceptions.

Fresh country eggs are not as numerous as the buyers could wish, for their scarcity keeps the price up.

First Grapefruit Arrives.

The blazing-hot weather has made oysters rather a drug on the market, and the dealers have curtailed their orders, cutting down in some instances to one-half, but this has not affected to the content of t

the price. Oysters always hold to one figure year in and year out.

Fruits continue plentiful, and peaches have gone off a little in price. The first grapefruit of the season made its appearance yesterday. The goods came direct from the West Indies, and magnificent fruit it is. The figure is high.

Quotations were as follows:

Porterhouse steaks, 20 to 25 cents per
pound; stricin, 25 to 30; round, 20 to
25; rtb, 20 to 24; rump, 18 to 22; chuck, scraps. The collar may be kept white

French chops, \$1 to \$1.50 per dozen; shoulders, 16 to 18 cents per pound; breast, 18 to 15.

Veal—cutlets, 30 to 35 cents; chops, able to remove the scar from the tip

24 to 27.

Fruit is Pientiful.

The vegetable market was never better supplied, and prices in some instances have weakened a shade. Corn. Is to 23 cents per dozen; tomatoes, 5 to 10 per quart; butter beans, 12 to 16; blackeye peas, 12 to 15; cabbage, 5 to 10 per head; cymblings, 15 per dozen; string beans, 8 to 10 per quart; sweet string beans, 8 to 10 per quart; sweet notatoes, 35 to 50 per peck; Itish potatoes, 25; onions, 8 to 10 per quart; beets, 5 to 8 per bunch; green peppers, 25 per basket; Okra, 20 per quart.

"Hurry-Up" Refresher (BY ANTOINETTE DONNELLY.)

care if the world does come to an end' feeling after you've shopped Well, here's an easy little trick—and not much of a trick, either—that is guaranteed to recive your interest in things of the world again. It is a little "aunt: I we practiced for years and have yet to find it fail me.

Stretch out on your hed, flat on your back, with knew sirawn up high and with hands chappe wock of your neck, and lay there perfectly quiet for aftern minutes. Use no pliber. The walle of this procedure I have found to be in holding he knees drawn up. That gives the whole of your back a chappe world to be in holding he knees drawn up. That gives the whole of your back a chappe where he held. The blass of the spine where this nervous tire strikes hardest, gets an inning at the rest cure. If you stretch your legs straight out this part of your back curves and does not rest exactly on the held. In the position described you cannot help but breathe right. Have your window wide open when you indulge in this little requirement. The this the next time you are awfully tired. And if you don't get up natter that the next time you are awfully tired. And if you don't get up natter that the next time you are awfully tired. And if you don't get up natter that the next time your are awfully tired. And if you don't get up natter that the next time your are awfully tired. And if you don't get up natter that the next time your are awfully tired. And if you don't get up natter that the next time your are awfully tired. And if you don't get up natter that the next time your see which he right the right who wants to "freshen up" for a party after a day's work downtown As soon as you get home from work cold cream your face and then lie down. When your got the health authorities as yet. There are families where children and then he down. When your do this. I have tried it repeatedly and I know.

If you have had the cares and worries of a household all down and your work and your weak the cares and worker.

Antolnette Donnelle's Answers.

nose to peel. Use a good cream on your face each night, and before going out in the air ribs a goodly supply of cream on your face and dust with powder. This will neep the sain from peeling.

when the teath gradually fall out A weak solution tract of ipecac, two drops glass of water, used as

Modish Organdy Collar May Be Made From Scraps.



or worked in color to match a frock. Of stiffly starched organdy, this collar is cut in points and beaded with

Veal—cutlets, 30 to 35 cents; chops, able to remove the scar from the tip 25 to 30; hind quarter, 25 to 30; breast, of your nose by massaging it each night with a good skin food. I have Pork—chops, 22 to 25 cents per pound; a formula for skin food which I shall fresh hams, 29; fresh shoulders, 17; be glad to send you if you will send

Smoked hams, 20 to 23; Smithfield hams, 32 to 35; breakfast bacon, 25 to 30.

Good Supply of Fish.

Sundries—brains, 14 to 17 cents per pound; beef livers, 13 to 15; calves' from falling out. The success of scalp healthy and prevent the hair from falling out. The success of scalp healthy and prevent the hair from falling out. The success of scalp healthy and prevent the hair from falling out. The success of scalp healthy and prevent the hair from falling out. The success of scalp healthy and prevent the hair from falling out. The success of scalp healthy and prevent the hair from falling out. The success of scalp healthy and prevent the hair from falling out. The success of scalp healthy and prevent the hair from falling out. The success of scalp healthy and prevent the hair from falling out. The success of scalp healthy and prevent the hair from falling out. The success of scalp healthy and prevent the hair from falling out. The success of scalp healthy and prevent the hair from falling out. The success of scalp healthy and prevent the hair from falling out. The success of scalp healthy and prevent the hair from falling out. The success of scalp healthy and prevent the hair from falling out. The success of scalp healthy and prevent the hair from falling out. The success of scalp healthy and prevent the hair beging of life and scalp healthy and prevent the hair beging of life and scalp healthy and prevent the hair beging of life and scalp healthy and prevent the hair beging of life and scalp healthy and prevent the hair beging of life and scalp healthy and prevent the hair beging of life and scalp healthy and prevent the hair the hair beging of life and scalp healthy and prevent the hair the hair scalp healthy and prevent the hair the circulation of the hair scalp healthy and prevent the hair the circulation of the head with fine scalp he

Dr. Brady's Health Talks

per dozen; lemons, 15 to 30; grapefruit, of the New York State Department of hot weather that prohibits shipment from the north), 22 to 52 per basket. Todges in a household when with bacillary dysentery . . or ryphoid fever, shall handle food or food products intended for sale. No waitress—lamp this little one—no waitress, cook or other employee of a



Many of the new coats for midwinter wear are of Hudson seal and velours — fashion decreeing that stages of the trouble Scraphing coare nuit be exercised in keeping the mouth in a sanitary condition. I shall be gird these coats shall be rather tight in to send you my instructions on mouth the bodice—shortwaisted and wide, hygiene if you will send me a stamped, flaring skirts that hint strongly of vera—No, it won't hurt your hair to put it up in cloths at hight if your hair is not naturally enrit you can make it pretty and wayy by using a curling fluid before putting it up in than the skirt and one designer, more during fluid before putting it up in than the skirt. Fur is largely used cloths. It will often stay in curl three on these coats—for, as in the above at a time. You may be illustration, being the next possible. or four days at a time. You may be illustration, being the most popular,

lies where parents take a squint at the children's hands, and if they discover no microbes thereon, let the youngsters sit right down and shovel I was sure that when the remarks.

been collected through the day. Is it any wonder grandma still has occasional seeming vindication of her delusion that "sugar makes worms."

Worms make worms, and children help the work along by transplanting the eggs from contaminated soil to food and from the food to their own innocent mouths.

Without holding any definite or about the danger.

Without holding any definite or about the danger.

Without holding any definite opinlunches or meals to furnish suitable lavatories where customers may wash their hands before partaking. Not all who say "Lord! Lord!" shall be saved, but cleanliness is as near to godliness as any virtue which he was an invalid, was spend a fortnight with her if possible. as any virtue which is universally practicable.

Questions and Answers.

Here Is An Anomaly—Z. E. says she reads Health Talks before she gives the seditorials the o.o., meaning no reflec-tion on the editorial columns. Yet she declares she has stomach trouble and has doctored with five different doctors in as many months and none of them have done her any good. Answer—We hate to say it, Z. E.,

Why We Quarreled

Husband Whose Wife Can't Agree With Him Tells Story.

(By Virginia Terhune Van de Water.)

My wife had her own ideas as to

can make the place lovely anyway."

The First Disagreement.

"Yes," I said, "we can. And don't forget that I have in storage some excellent pieces from my old home. When father died, you know, the furniture was divided among us boys."

"Aren't those pictures very large for our rooms?" Constance objected

"They are all right." I told her, "I like a room that's just full of furniture, anyway."

I don't." she remarked, quietly,

But we argued no more just then, sulted. Such being the case, I think went with her when she chose our ordinary gratitude might make you less But we argue.

I went with her when she chose our wall paper. Our views did not agree at all. She wanted light, soft colors; ment."

I wanted bright, cheerful papers. But I remembered that, after all, Constance criticism of the atrocious combination." she flashed back. "I suppose since you she flashed back. "I suppose since you have selected the furniture and paid emembered that, after all, Constants of the flashed back. "I suppose since you suid be in the home more than I she flashed back. "I suppose since you ould. Yet when she spoke of twin have selected the furniture and paid for it, I shall have to sit in it and lie for it, I shall have to sit in it and it." would. Yet when she spoke of twin beds for our room I protested.
"They would be an unnecessary expense." I said, "for I have mother's old hand-carved double bed." "The brass beds would be pretty."

The Next Disagreement.

When it came to furniture for the living-room, we clashed again. She wanted some wicker chairs. I reminded her that we had several comfortable armchairs in storage.

UI MINILANTIUM JUILLI Board Tables City Engineer's Request for Information as to

drinking-cup, we firmly advocate a law plain mission-made set that I did not requiring every person dispensing really like—a telegram came from

"I will have the apartment in complete readiness for you by the time you return," I said as I took her to the train.

"You'd better wait to choose the rugs until I come back," she suggested. I did not promise, but she thought that my silence meant consent, and she went away satisfied.

BE BLAMEI

I had a good time getting the flat ready for her, and I planned it all Answer—We hate to say it, Z. E., as a pleasant surprise for my dear but any one who changes doctors once a month is pretty sure to remain an invalid. Pick a good one and give him a fighting chance. It required several months to develop that stompen several months to develop that stompen several months to develop that stompensive, but I wanted it. The black walnut sofa I had covered with a company settle. crimson satin.

The rug I selected combined the two colors. I did not like the portieres, for they looked very dull beside the warm blues and reds I had selected. I was sure than Constance would think I was sure than Constance would think formation necessary in connection formation necessary in connection

in selecting brown hangings.

The carved bed was polished and set in place, and I chose a pretty blue rug for the bedroom floor. He Gets a Jar.
I shall never forget the day when

Constance arrived in town. I took her right up to our new home. She gasped as her eyes fell on the living-room fur

colors! Dear, can't we have these things re-covered at once?"

Then, when she saw that the upholstery was entirely new, she sank

That was, perhaps, the bitterest moment of my life.

When she became calmer I led her

into our room, but at sight of the hand-carved bedstead she stopped "Black walnut! she exclaimed. "! thought it was mahogany!"
This angered me. "It's very handsome!" I retorted. "It cost father a

pretty penny."
"Well, I wish he'd kept it!" she burst forth. "My dear Robert, you've ruined the place! How could you!" Something snapped in my head and

"I I saw crimson-crimson was deep as e color of the living-room sofa. "Because," I said, "as my money pays for the furniture, my taste is to be con-sulted. Such being the case, I think

We have never since then referred to that quarrel. But although this is the I know that home has never seemed like home to either of us, be-cause of that day when my wife's harsh judgment and lack of taste crushed my

"This bed of mother's is, as I said, hand-carved and hardwood" Constance looked relieved. "Oh, well," she said, "if it's really fine mahogany, perhaps it will do very well after all." HANKINS IN SOLE CHARGE OF ANNEXATION SURVE OF ANNEXATION SURVEY

quest for Information as to His Responsibility.

BOLLING NOT ACCOUNTABLE

Beck Says Assistant City Engineer Is in Exclusive Control and Alone Responsible-T. Crawford Redd Will Assist Surveyors.

tabled without action a communication from City Engineer Bolling asking to be informed whether or not he is to have anything to do with the survey of the annexed territory, or be held responsible in any way for this work, "There was no need of taking any further action on this matter," explained Mr. Beck, yesterday, after adjournment. "It should be clear to everybody by this time who is responsible for the annexed territory survey, and I don't see any need for making further explanations. Mr. Hankins Is in charge of the survey and responsible

in charge of the survey and responsible

flat
t all
dear
the
had
stuns exbe concerned, reports directly to the
aboard. Mr. Bolling, of course, may ask
for a report to him also. Nevertheless, Mr. Hankins alone is responsible
and in exclusive charge."

formation necessary in connection with the survey of the annexed terri-The employment is to be only at such times when it is necessary, and he is to be paid only for actual service performed without a stipulated rate being fixed in advance. Calls Common Council Meeting.

President R. Lee Peters, of the Com mon Council, issued a call, yesterday for a special meeting of that body at

30 o'clock Monday night to take ac tion on the ordinance repealing the jitney ordinance now on the statute books. The repealing measure was approved by the Ordinance Committee Thursday night by a vote of 4 to 3. The special meeting was called at the in-stance of members of the lower branch who signed a request asking Mr. Pe-ters to call it.



MADE of finest selected flour - baked in the National Biscuit Company way that brings out the goodness and pleasing flavor. Crisp, appetizing, nourishing.

NATIONAL BISCUIT COMPANY

PRINTERS TO DISCUSS **VOCATIONAL TRAINING**

Conference of Local Unions in Virginia Cities to Be Held Here On Sunday.

the local typographical unions in Vir-ginia will be held at Stumpf's Hotel Sunday at noon for the purpose of discussing plans for extending the in-fluence of the organization in other cities and towns in the State. At pres-ent there are unions in Richmond, Newport News, Lynchburg, Norfolk, Bristol and Roanoke, and the officers are exceedingly anxious to see that unions are organized in other cities and towns, where a sufficient number of printers are employed to secure a charter.

Upon the motion of Henry P. Beck, Refreshments will be served fol-lowing the conference and at 3 o'clock the Administrative Board, yesterday, tabled without action a communication a meeting of Richmond Typographical Union No. 39 will be held at Labor Temple. The question of indorsing vocational training in the public schools will be discussed and other matters of importance will come up.

[Special to The Times-Dispatch.]
FREDERICKSBURG, VA., September
17.—Harold Gouldman, of Westmoreland County and Miss Lillian Ruth Ashton, daughter of Mr. and Mrs. Henry
Ashton, of King George County, were
married on Wednesday at Round Hill
Baptist Church in the latter county,
by Rev. A. W. Graves, the paster Miss BE BLAMED FOR ERROR Carrie H. Ashton, sister of the bride, was maid-of-honor and Misses Helen

Oysterettes The Oyster Cracker



Not only in the "R" months, but every days every week and every month, Oysterettes are seasonable and enjoyable.

NATIONAL BISCUIT COMPANY

\$5.40 Roanoke and Return \$5.40

Account Roanoke Fair.

Tickets will be on sale September 19th to 24th, inclusive, good on all regular trains going and returning, and good for return passage until September 27, 1915. Pullman parlor and sleeping cars. Full particulars at company's office at \$38 East Main Street, Richmond, Va. Phone Madison 487.

C. H. BOSLEY,

District Passenger Agent.



Caruthers, Evelyn Omohundro, Virginia Watson and Josephine Garnett were the bridesmaids. Arthur Gouldman, the bridesmaids. Arthur Gouldman, brother, of the groom, acted as best man and the ushers were Dr. G. B. Harrison, of Colonial Beach, Robert Montgomery, Emmett Gouldman and William G. Garnett.

Uneeda Biscuit

-the best known and most popular article of food. Why? Because it is the best soda cracker baked-and soda crackers are the most nourishing of all foods made from



NATIONAL BISCUIT COMPANY

RUGS

Rosenbloom & Son

CHILDREN'S SCHOOL

ALBERT STEIN Cor. Fifth and Broad Streets.

HAVE YOU SEEN THE

New Method Gas Ranges AT PETTIT & CO.'S

September at the Seaside

Sunday Outings

Old Point, Ocean View

The most beautiful season of the year to visit the seaside. FISHING and BATHING the best. Three Fast Trains Every Sunday— 8:30 A. M., 9 A. M. and 12 Noon.

Tankard 81/2 in. high

Till the last moment to clip your coupons for the great table-ware distribution now operated by the

Times-Dispatch

Because these valuable sets are going too fast to last!

The sets are of the finest thin blown glass, fire-polished and decorated with a very dainty design. Rims, wreath and your own initial in pure Sterling Silver. Beautiful, valuable, practical and ornamental. Never before offered for sale.

PIECE WATER ard and Six

1 Sun. or 3

(Without Pitcher)

Only One Coupon

For each additional set of 6 glasses another coupon will be required.

Coupons Must Be Presented at Times-Dispatch Office

CLIP COUPON From To-day's Paper

